



# 2016 FALL SANDY SOCCER ACADEMY

## ACADEMY INFORMATION

Instructors and staff will be provided by Utah Avalanche Soccer Club. Each week we build on what's learned from the previous weeks. Curriculum for the various age groups will be modified based on current skill levels of the players in an age group. Registration includes Academy t-shirt and soccer ball. The academy is sponsored by  
[www.utahavalanche.activeyouthnetwork.com](http://www.utahavalanche.activeyouthnetwork.com)



### **PRE-K / KINDERGARTEN** (4-5 YEARS OLD)

For this age group the Academy is designed to provide an introduction to soccer in a non-competitive environment while providing a great opportunity for kids to learn and develop coordination. The focus will be on balance, coordination, basic ball skills, and learning the game.

### **6 TO 8 YEARS OLD**

This age group is typically more coordinated and more aware of their own movement. Many kids will still get confused with right and left. They are still very egocentric, wanting to take the ball and dribble by themselves to take a shot. The focus will be on individual ball skills, balance and movement, and introduction to the team aspect of the game.

## REGISTRATION INFORMATION

**DAYS:** Monday or Tuesday

**MONDAY DATES:** September 12, 19, 26, October 3, 10, 2016

**TUESDAY DATES:** September 13, 20, 27, October 4, 11, 2016

**COST:** \$20 per participant

**TIME:** 5 to 6 pm for 4-5 years old  
6 to 7 pm for 6-8 yrs old

**LOCATION:** Lone Peak Park - 10140 S. 700 E.

**ONLINE REGISTRATION:** [www.sandy.utah.gov/registration](http://www.sandy.utah.gov/registration)

**IN PERSON:** Sandy Parks & Recreation  
440 East 8680 South  
Monday - Friday - 8 am to 6 pm.  
801-568-2900

